

PRUDENCE CRANDALL CENTER, INC.

# NEW BEGINNINGS

PROVIDING HOPE &amp; SAFETY TO VICTIMS OF DOMESTIC VIOLENCE SINCE 1973



"We delight in the beauty of the butterfly, but rarely admit the changes it has gone through to achieve that beauty."

*Maya Angelou*



**YOU** are the heart of our community

**YOU** raise awareness and promote understanding

**YOU** create a safe, affordable, and comfortable home for our families

**YOU** give us **HOPE** that as a community, **TOGETHER**, we can end the violence.

## YOU INSPIRE "ENDLESS POSSIBILITIES"

Trapped and shaking, Cara tried to grasp the reality that had somehow become her life. Four years earlier, she could never have imagined that her loving boyfriend would become the monster standing before her now. Their relationship had always been full of fun, laughter, and friends.

Yet as time went on, things changed. Little things would set him off: dishes in the sink, a toy on the rug. Not the usual couple arguments, but screaming, throwing things, calling her terrible names. What at first shocked Cara, soon became routine. And it was that way when he hit her - at first, more surprise than pain. Until that, too, became routine.

This night, however, was different. This rampage was truly horrific, and had been going on all day and into the night. Beaten and bruised, Cara was being held captive in her bedroom, yet her every thought was down the hall. There, her precious daughter Julia cried out for her from her bedroom - physically unharmed, but frightened, alone, and confused.

*"He wouldn't let me feed her... I thought that I had failed because a mom should always be able to feed her child and he wasn't allowing me that."*

When the police were finally called and Cara was rushed to the hospital, she knew that was the end. Now free, she would protect Julia with every ounce of her strength and put an end to the chaos in their lives.

Despite 18 hours of brutality and no sleep, Cara went from the hospital directly to court for her abuser's arraignment. There, PCC's Victim Advocate was waiting: offering her comfort, understanding, guidance. She took her hand and vowed never to leave Cara's side.

For the first time in days, Cara could breathe again. Empowered, Cara told her story and watched as her abuser was led off to jail. Intent on healing, she started counseling at PCC and joined our support group - strengthened by the love and understanding she felt from everyone at PCC, staff and clients alike.

*"Anything is possible now! Nobody can stop us. I'm so thankful for the staff of PCC for allowing me to realize that I am special, and I am somebody."*

Cara and Julia have now moved into a new, safe, peaceful home of their own. She is adamant that the past does not, and will not, define her. Instead, for her and Julia, life is full of possibilities - thanks to **YOU**, our caring community.

**YOU raised \$265,000 at our 2019 "Celebrating Hope" breakfast** through donations, sponsorships, and multi-year pledges, funding critically needed to strengthen and support our life-saving services!



PCC Pres. Claudia Barbieri expresses thanks to Dr. William Petit & Magdalena Johndrow of the Petit Family Foundation



Event Chair Lynn McArthur-Lefler & Gary Lefler, our Leadership Gift donors inspiring \$101,500 in gifts!

"Celebrating Hope was so moving and inspirational. You could feel the concern and passion of everyone in the room, especially after hearing from the brave women who shared their journeys from victim to survivor with the support of PCC. I am so proud to be associated with PCC and our caring and compassionate community."

**- Lynn McArthur-Lefler, Leadership Donor & PCC Development Chair**



PCC Pres. Claudia Barbieri thanks Evelyn Johnson & Marin Marich of Diamond Sponsor Tokio Marine HCC



Rev. Hofmeister & members of the Caroline Aston Fund, First Church of Christ with PCC. Pres. Claudia Barbieri



Our amazing partners from Bank of America & the CT Global Tech & Operations Team



PCC Board Sec. Justin Moulton with CCSU's Courtney McDavid & Nelba Marquez-Greene

## OUR CELEBRATING HOPE 2019 GENEROUS SPONSORS

### PRESENTING

Petit Family Foundation

### DIAMOND

Tokio Marine HCC

### PLATINUM

Caroline Aston Fund - First Church of Christ  
Stanley Black & Decker

### GOLD

Barnes Group Foundation  
Bank of America  
CT Global Technology & Operations Team  
CE Electrical Contractors, LLC

### SILVER

Marcum LLP  
Central CT State University  
William & Ellen E. Macristy Foundation  
Rotha Contracting Company, Inc.  
Barbieri Law, LLC  
Bristol Housing Authority  
Polamer Precision, Inc.  
Beacon Prescriptions, New Britain  
Webster Bank

### BRONZE

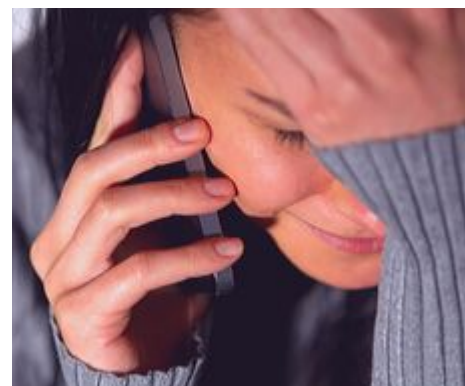
Acme Monaco  
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## A HELPLINE, A LIFELINE

Pulling over to the side of the road, Maria felt "every part of [her] body shaking." Listening to her voicemail, she made a chilling discovery. Her ex-boyfriend, whom she had left months earlier due to his abuse, could be heard speaking. He thought he had disconnected after leaving her yet another message pleading to reconcile, but the recording continued. Only the tone of his voice had changed. It was cold, hard, commanding. He was telling a friend where to find his gun, where to find her, and, when he did, "to shoot, just shoot."

Maria had started counseling at PCC a few months earlier. Enduring more than two years of his put-downs, demeaning behavior, and angry outbursts had taken its toll. Even at 60 years old, she too needed help, someone to talk to, someone to help her find herself again.

Unable to stop shaking, Maria knew there was only one thing to do: grabbing her counselor's card, she called the 24-hour domestic violence helpline: **888-774-2900**. The calm, comforting voice of the domestic violence advocate on the line sent an immediate wave of relief washing over Maria. Together, she and the advocate discussed her options, including coming directly to PCC's emergency shelter, allowing Maria to determine the right next steps to keep her safe, keep her in control of her life. Following that plan, Maria scheduled a meeting with her PCC counselor and began taking action to hold her abuser accountable and continue her healing - empowered, strengthened, and secure in the knowledge that help was always available, that she was never alone, and safety would always be just a phone call away.





## FUN SUMMER MEMORIES...

*"When I picked up my kids from camp, they said it was the best week of their lives! I'm so glad they were able to go - I never dreamed that would be possible."*  
*- PCC Housing Resident*

Inspired by the giving spirit of Ryan Lee, friends of PCC and the Ryan T. Lee Memorial Foundation responded to this year's "Ry of Light" challenge, donating to help our children attend summer sleep-away camp. These thoughtful friends also created a gift bag for each camper, making them feel extra special and loved.

Because of **YOU** - our thoughtful community - twelve of our children and teens experienced the magic of summer camp this year, creating memories and friendships to last a lifetime.

## READY TO GO B-A-C-K!

Getting our kids ready for that "first day" of school is a BIG chore here at Rose Hill! Luckily, our wonderful friends from the [New Britain Elks Lodge 957](#) were happy to take on the challenge, contributing over \$2,500 worth of new school uniforms, gift cards for shoes, lunchboxes, water bottles, school supplies, and other necessities to help our children, and their moms, start the new year right!

Friends like **YOU** - our generous community - strengthen our families by donating these "extras" throughout the year, easing the stress of survivors getting back on their feet and making ends meet. To learn more about our current needs, call 860-259-3824.



## YOU CAN BE PART OF THE SOLUTION: RAISE AWARENESS!

*"Thank YOU for making the Hope Tour available--it was riveting and eye-opening! The stories were all so moving and important, all in different ways. The Hope Tour taught me to be more aware. I would love to help spread the word by inviting others on a tour!"*  
*- Breanna Vessichio, Ambassador*



Hope Tour with the Women's Initiative of Halloran & Sage

Like Breanna, you can be a PCC Ambassador and help educate our community and save lives. All it takes is 1 hour of your time and the desire to make a difference! Invite 10-15 friends to join us for our Hope Tour-- picking a date and time that works best for **YOU**. Guests will hear powerful stories of courage and strength from survivors who inspire us all. Equally important, they'll gain a better understanding of this complex issue and the services available to help those in need.

**TO HOST OR LEARN MORE, CALL 860-259-3820**

## OUR SERVICES

**24-HOUR HELPLINE:**  
**888-774-2900**  
 Crisis Counseling,  
 Information & Referrals

**RESIDENTIAL SERVICES**  
 Emergency shelter, 28  
 apartments of supportive  
 housing, case management

**COUNSELING**  
 Individuals & Groups,  
 Adults & Children

**VICTIM ADVOCACY**  
 Civil & Criminal Court

**COMMUNITY EDUCATION  
 & PREVENTION**  
 Schools, colleges, service  
 providers, civic groups,  
 and the public

**TOWNS WE SERVE:**  
 Berlin, Bristol, Burlington,  
 Kensington, New Britain,  
 Plainville, Plymouth,  
 Southington, Terryville

*Our services touch the lives of  
 over 8,000 annually from  
 across our region and our state*



# OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

## HOPE BEGINS WITH YOU

Every year, we must raise nearly one-third of our funding from **YOU**, our supporters and friends.

### HERE ARE SOME WAYS YOU CAN HELP:

- Host or attend our Hope Tour
- Create/host a fundraiser with family, friends, or coworkers
- Donate by mail or online
- "Like" & follow us on Facebook, Twitter, and Instagram
- Contact us or visit our website for our "wishlist" of current needs
- Join our Bright Futures Giving Society
- Participate in Dress Down & Go Purple - for more information, see below
- Become a sponsor of *Celebrating Hope*



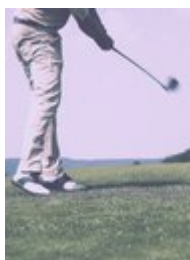
Our awesome friends from Rich Foods raising awareness!

## DRESS DOWN AND GO PURPLE!

Join our "Dress Down and Go Purple" campaign to help raise awareness at your school, work, or place of worship. We'll provide you with all that you need - you just pick the day and encourage everyone to wear purple! Send us your pictures and we'll share them on social media - and give your amazing group a shoutout!

*Let's get talking and let's take a stand.  
Together, we can end the violence.*

For more information, contact Liz Britney at 860-259-3820 or [ebritney@prudencecrandall.org](mailto:ebritney@prudencecrandall.org)



## CE ELECTRICAL GOLF TOURNAMENT

*to benefit Prudence Crandall Center*

**Thursday, October 10, 2019**

Lyman Orchards, 10:30 AM

For information, contact Paul Morneau at 860-288-7040 or [pmorneau@ce-electrical.com](mailto:pmorneau@ce-electrical.com)

PRUDENCE CRANDALL CENTER'S

## SILENT NO MORE CANDLELIGHT VIGIL

**Wednesday, October 2, 2019**

*Please see enclosed invitation*



Prudence Crandall Center is a member of CCADV and a partner agency of United Way of Central and Northeastern Connecticut, United Way of West Central Connecticut, and the United Way of Southington.

## STAY CONNECTED:



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