

# Prudence Crandall Center, Inc.

# New Beginnings

Fall 2018

Providing  
Hope & Safety  
to Victims of  
Domestic Violence  
Since 1973

## In Times of Darkness, You Shine the Light of HOPE!

Always on eggshells, the sound of his car in the driveway sent the kids running to their rooms and Mandy into a panic. Every day it was the same, for over 18 years. Yet she saw no escape from the nightmare of violence that had somehow become their lives, that they had all endured for too long.

The couple had been high school sweethearts and Mandy's work had always been caring for her family and home. Her dreams of a loving family life had long since vanished, replaced by a sense of hopelessness and despair. But she loved her children above all else, and couldn't imagine how she would provide for them if she left with no job or financial resources of her own.

One night, the sound of furniture crashing in their parents' bedroom became too much for the children to bear and Mandy knew it was time. She fled to a neighbor's house and called the police. In that courageous moment, the overwhelming fear of "what's next" was finally put aside. Mandy knew the years of physical, emotional, and financial abuse, too often witnessed by her children, must somehow come to an end.

***"When I went to court, a Prudence Crandall Center Victim Advocate reached out to me right there, and took me to safety."***

Our Victim Advocate greeted Mandy the next morning in court, immediately offering help. Mandy was traumatized, exhausted, barely able to speak. Her abuser was in court and his anger palpable. His family surrounded him, yet she was alone. Our Victim Advocate never left Mandy's side, explaining her legal rights, helping secure a restraining order, working through custody arrangements, and connecting her to other resources through PCC.

According to Mandy, our Victim Advocate ***"empowered"*** her, helping her get her ***"voice back."*** She learned that what happened wasn't her fault, that she wasn't alone. And that hope and healing was available at PCC.

Mandy and her children are now ***"stronger, learning to do things on our own,"*** and hopeful for their future. ***Their lives have been forever changed because of the support made possible by YOU, our caring community.***

***YOU are the heart of our community***  
by offering encouragement and support  
to our families through your caring  
donations and fundraising efforts  
throughout the year.

***YOU raise awareness and  
promote understanding***  
by bringing friends, family,  
co-workers, and civic groups to our  
Hope Tours, opening minds and hearts  
to the struggles survivors face.

***YOU create a safe, affordable and  
comfortable home for our families***  
by donating new household items to  
furnish our apartments, and  
volunteering your time on service  
projects, making Rose Hill a beautiful &  
welcoming community for all.



***YOU give us  
HOPE  
that as a  
community,  
TOGETHER,  
we can end the  
violence.***

Healing, understanding & a peaceful home.

## YOU Provide Safety, Healing & Hope

***YOU raised over \$242,000 at our 3rd annual “Celebrating Hope” breakfast*** through donations, sponsorships and multi-year pledges, funding critically needed to strengthen and support our life-saving services. Thank you all!



**Our treasured Leadership Gift donors**  
Virginia & Andrew Nowakowski  
with children Kimberly & Michael



**Bright Futures Giving Society donors** Susan Rathgeber, Kevin and Christine Bruemmer

“Listening to the survivors of domestic violence courageously telling their stories and how Prudence Crandall Center has provided them with guidance and support to get their lives back and to stay safe was truly inspiring. This Celebrating Hope breakfast demonstrated the true meaning of ‘Rising Up’.” —Virginia Nowakowski, Virginia & Andrew Nowakowski Charitable Trust



**PCC Exec. Dir. Barbara Damon expresses appreciation to Dr. William Petit, Rolande & Kim Petit & Maria Falvo, American Savings Foundation**



**Rev. Hofmeister & members of the Caroline Aston Fund, First Church with PCC Pres. Claudia Barbieri**



**PCC Pres. Claudia Barbieri thanks Evelyn Johnson & representatives from Tokio Marine HCC**



**PCC Board Member Justin Moulton, Board Pres. Claudia Barbieri, Andy Nowakowski & Board Member & Event Chair Lynn McArthur-Lefler**

### *Celebrating Hope 2018 Generous Sponsors*

#### **Presenting**

Petit Family Foundation

#### **Diamond**

Tokio Marine, HCC

#### **Platinum**

Caroline Aston Fund—First Church of Christ

Stanley Black & Decker

#### **Gold**

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Barnes Group Foundation

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Webster Bank

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#### **Bronze**

Assured Partners, Northeast

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Connecticut Health Foundation

Conry Asset Management, LLC

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EDCO Engineering Inc.

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Tucker Mechanical

United Healthcare

Yarde Metals

Allison entered our emergency shelter badly bruised, and her son Andrew so severely traumatized that he was totally non-communicative after living with years of physical and emotional abuse.

When Allison first met her husband, Tom, she thought she had found the love of her life and a loving father for her son, Andrew. However, as time passed, Tom's abuse became intense and relentless.

Once safe in our shelter, our Children's Services Coordinator worked on a plan to help Andrew begin to heal while working with school services to help him succeed. In time, Andrew felt safe. Thankfully, he began speaking again, and he and his mother moved into our supportive housing program where he continued to improve, even participating in school programs and receiving awards for academic and character achievements.

After spending almost two years in our supportive housing at Rose Hill, Allison and Andrew recently moved into their very own apartment where they report they are happy and enjoying their new life—thanks to the help, hope, and support they received from our PCC community.



## You are our BEST Ambassador

**YOU can help raise awareness about domestic violence & our services by inviting 10-15 guests to our 1 hour Hope Tour.**

You & your guests will experience powerful stories of strength and survival, tour our unique facility, and be inspired!

Host your tour during one of our scheduled times or we can arrange a tour for a date/time convenient for your group.

**To host a tour or to learn more,  
please call 860.225.5187, ext. 223**

**You can make a difference!**



## YOU Create a Caring Community

### A Night Out of the Kitchen!

An idea, inspired by a Hope Tour guest, has become a much-anticipated gift for our shelter residents. “Supper Club” was launched in early spring and has had such a wonderful and positive impact on our clients and our staff!



Meals are prepared by generous community members like YOU, delivered to Rose Hill, and then taken to our shelter to be shared and enjoyed by our shelter residents and their families.

Dear Survivors,  
It was our joy  
to make this meal  
for you. We hope you  
enjoy!  
“Be Brave”

***“It was so nice not to have the stress of cooking and to have all the shelter residents sit together at the table and visit.***

***Please let everyone know how thankful we are.”***

— PCC Shelter Resident

If you’d like to learn more about participating in our “Supper Club” please call 860-259-3820



### A Garden for All

A portion of the backyard at Rose Hill has been transformed into a thriving vegetable garden by two dear friends of PCC, Ann Ducasse and Judy Robertson.

***“It has been a joy to provide nourishment for the families at Rose Hill through a garden they can watch grow and help tend.”***

— PCC Volunteer Ann Ducasse

Through their efforts, we have had baskets full of fresh produce for our families every week!

***“I know the families have gone through a lot of rough times in their lives. My hope is that the garden and fresh veggies from it will play a small part to give their lives a sense of normalcy and enjoyment.”***

— PCC Volunteer Judy Robertson



### Our Services:

24-Hour Helpline: 888-774-2900

Crisis Counseling, Information & Referrals

#### Residential Services

Emergency Shelter, 28 Apartments of Supportive Housing, Case Management

#### Counseling

Individual & Groups, Adults & Children

#### Victim Advocacy

Civil & Criminal Court

#### Community Education & Prevention

Schools, colleges, service providers, civic groups & the public

#### Towns We Serve Include:

Berlin, Bristol, Burlington, Kensington

New Britain, Plainville, Plymouth

Southington, Terryville

*Our services touch the lives of over 8,000 annually from across our region and our state.*

### HOPE... Begins with YOU

**Every year, we must raise over one-quarter of our funding from YOU, our supporters & friends.**

#### **Here are a few ways YOU can help:**

- ◆ Create/host a fundraiser with family, friends or co-workers
- ◆ Donate by mail or on-line
- ◆ Join our Bright Futures Giving Society
- ◆ Become a sponsor of “Celebrating Hope”
- ◆ Volunteer to help with our events & community outreach efforts
- ◆ Contact us or visit our website for our “Wish List” of current needs
- ◆ “Like” & follow us on Facebook
- ◆ Participate in Dress Down & Go Purple

**For more ideas and information, please contact our**

**Development Department at  
(860) 225-5187 ext. 218.**

**Thank you!**



OCTOBER is Domestic Violence Awareness Month

# Dress Down and Go Purple!

## YOU can help end the violence!

Join our “**Dress Down and Go Purple**” campaign and help raise awareness at your school, work, or place of worship. We’ll provide you with all you need.



2017 Dress Down & Go Purple at  
Beacon Prescriptions, New Britain

You pick the day & encourage everyone to wear purple!  
Send us your pictures!

We’ll share them on social media & give a shout-out  
to your awesome group.

Let's get talking and take a stand — **together, let's end the violence!**

For info, contact (860) 225-5187 ext. 223 or [smayou@prudencecrandall.org](mailto:smayou@prudencecrandall.org)

# Save these Dates

## Candlelight Vigil



Wednesday,  
October 3, 2018

Please see invitation  
enclosed

## Prudence Crandall Center's 45<sup>th</sup> Annual Meeting

Thursday, November 1, 2018

Reception & Buffet 5:30 pm

*Invitation to follow*

**CE** *Electrical Contractors LLC*

# Golf Tournament

## To benefit Prudence Crandall Center!

Tuesday, October 11 at Lyman Orchards

Visit [prudencecrandall.org](http://prudencecrandall.org) “News” for registration & tournament details  
or call the Development Department at 860-225-5187 ext. 218

Stay Connected: [Facebook.com/PrudenceCrandallCenter](https://www.facebook.com/PrudenceCrandallCenter) [@pcc\\_ct](https://twitter.com/pcc_ct)

Prudence Crandall Center is a member of CCADV and a partner agency of the United Way of Central and Northeastern Connecticut, United Way of West Central Connecticut, and the United Way of Southington.

